

# INTENTIONALITY & VISION ACTION PLAN

Begin Today By Creating Your Vision With Intention



BY CARMELA E. HEAD

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## VISION

WRITE YOUR VISION. WHAT IS THE GOAL (END RESULT) THAT YOU WANT TO ACHIEVE?

## INTENTIONALITY

IN WHAT WAYS WILL YOU BEGIN MOVING FORWARD IN THE DIRECTION OF ACHIEVING YOUR GOAL? LIST YOUR STEPS.

## FOCUS

WHAT PLAN OF ACTION WILL YOU PUT IN PLACE TO HELP YOU AVOID DISTRACTIONS?