










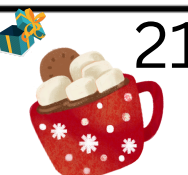








The Gift Of
GRATITUDE

NOVEMBER 2025

SUN	MON	TUE	WED	THU	FRI	SAT
						1
2	3	 Enjoy a cup of tea	5	6	 Embrace the gift of sound	 REST & RELAXATION
 Enjoy the sunrise	 Say "Thank You"	11	 Enjoy the autumn leaves	 WORLD KINDNESS DAY	 Create your favorite meal	 Enjoy your favorite read
 Savor a cup of coffee	17	 Take a walk	19	20	 Hot Chocolate	 Sunset
23 REST	 24	25	 Time of tranquility	27	28	 Discovery
30						



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